

Police and Fire Department Annual Physical Exam Survey
Prepared 8/11/2006

Contact	Annual Physical Exam		Rewards/Incentives	Comments
	Police	Fire		
Metro Nashville # Employees: 10500 Michael Taylor 615/862-6640 Chris Fletcher, MD 615/340-0406	Yes	Yes	No	
Gatlinburg # Employees: 400 Janet Curry 865/436-1414	No	Yes	No	
Johnson City # Employees: Chief Paul Greene 423/975-2852		No	No	
Elizabethton # Employees: 220+ Angie Robinson 423/547-6248	No	No	No	
Morristown # Employees: 331 Kim Sanders 423/581-0100	Yes	Yes	Yes	Level 1 earns 8 hours comp time and Level 2 earns 4 hours comp time for both departments.
Springfield # Employees: 248 Gina Holt 615/382-2200	No	No	No	

**Police and Fire Department Annual Physical Exam Survey
Prepared 8/11/2006**

	Annual Physical Exam			
Knoxville Airport # Employees: 150 Alan Jones 865/342-3062	No	No	No	
Nashville Airport # Employees: 275 Dirk Essary 615/275-1782 Stephanie Ladd 615/275-1619	Yes	Yes	No	The Airport Authority is independent of the city. Our police force of 70 officers is multi-trained and certified in police and fire fighting. There are some trained as EMT's as well. Each officer must pass an annual "fitness for duty exam".
Cookeville # Employees: Jim Burchett 931/520-5288	No	Yes	No	No incentives. Fire dept requires passing the annual fitness test to remain employed.
Cleveland # Employees: 320 Jeff Davis 423/559-3313	No	No	No	
Maryville # Employees: 320 Teresa Best 865/273-3425	No	Yes	No	
Goodlettsville # Employees: 125 Jim Thomas 615/861-2231	No	No	No	
Sparta # Employees: 46 Lorie Spivey 931/836-3248	No	No	No	

**Police and Fire Department Annual Physical Exam Survey
Prepared 8/11/2006**

	Annual Physical Exam			
McMinnville # Employees Fredia Black 931/473-1209	No	No	Yes	Fire Department personnel are required to work out at our City weight room for a minimum of 1 hour while on shift. They develop a workout program with our personal trainer. All city employees and their families can access all activities at the Civic Center (weight room, inside walking track, aerobic classes, etc... for no charge). We are working with Occupational Health Center in Cookeville to develop annual fitness exams for Police and Fire employees.
Knoxville # Employees: 1502 Chad Weth 865/215-3072	Yes	Yes	Yes	Our insurance has either a \$300 or \$1000 deductible. If all city employees exercise 30 minutes a day, three days a week and turn in a report at the end of each month, then \$180 is added to a flexible spending account. This is available to all city employees and turning in the report is on the honor system. There is also an extra \$75 added if you do not use tobacco or are attending smoking cessation classes.
Gallatin # Employees: 330 Dave Crawford 615/452-5400	No	No	Yes	Fire and Police employees may use Civic Center exercise facilities free of charge while on duty and may have membership at half price for after duty use. Exercise equipment, such as treadmills, are present in department but not mandatory to use.
Athens # Employees:120 Rita Brown 423/744-2703	No	No	No	
Alcoa # Employees: 266 William Brown 865/380-4753	No	Yes	Yes	City-wide wellness program and in the police department they have a specialized fitness program. All employees through our insurance program can get a free wellness physical, age 40 and above every year.

**Police and Fire Department Annual Physical Exam Survey
Prepared 8/11/2006**

	Annual Physical Exam			
Chattanooga # Employees: 2500 Jean Smith 423/757-4862	No	Yes	No	Well Advantage members are eligible for gifts and prizes for participating in the program and activities offered. Members will be awarded points for taking the Health Risk Assessment, for regular exercise, and for attending classes and programs which contribute to their overall wellness. At the end of each quarter, ParticiPoints Redemption forms should be turned in to the WellAdvantage office where gifts may be selected based on the number of points accumulated during that quarter. Additionally, a prize drawing will be held quarterly. The more points accumulated the more chances to win!
Millington # Employees: 168 Cindy Donaldson 901/872-4051	No	No	No	
Brentwood # Employees: 230 Kirk Bednar 615/371-0060	Yes	Yes	No	We really don't have rewards, but we do have wellness/fitness programs or contests that include nominal prizes.
Columbia # Employees: 400 Kate Collier 931/380-2700	No	Yes	No	
Centerville # Employees: 50 Debbie Jimerson 931/729-4246	No	No	No	No we do not, but that is a very good ideal.

**Police and Fire Department Annual Physical Exam Survey
Prepared 8/11/2006**

	Annual Physical Exam			
Bartlett # Employees: 440 Larry Hilbun 901/385-5515	No	No	No	
Memphis # Employees: 6000+ Deneen Al-Sadi 901/576-6409	No	No	No	

TOTAL

**5 yes
19 no**

**11 yes
14 no**

**5 yes
20 no**